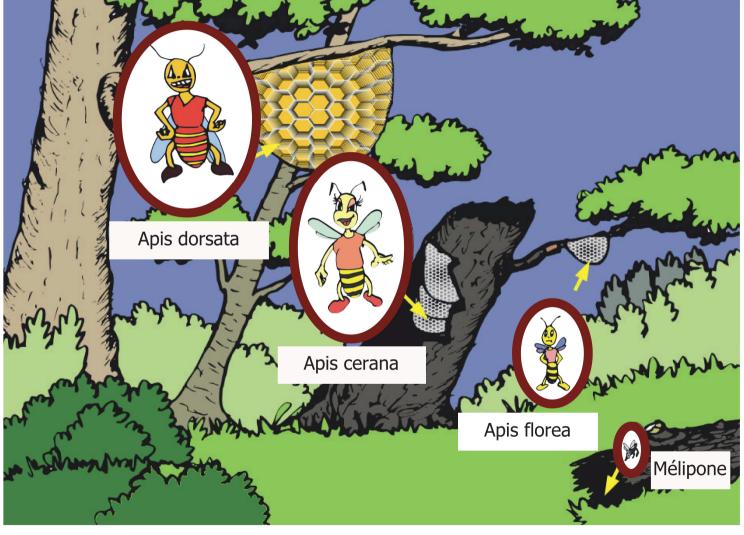


# Honey production in Laos



# ການພັດທະນາແບບຍືນຍິງດ້ວຍການລັ່ງງເຜິ່ງຢູ່ປະເທດລາວ SUSTAINABLE DEVELOPMENT THROUGH BEEKEEPING IN LAOS























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#### **Preface**



#### Dr Sisaliao Savengsuksa

#### **President of the Association for Promotion of Rural Development**

First of all, I would like to congratulate Dynamic Actions for the realization of this booklet on honey production in Laos.

Although the book is small, it is quite an important one. It is a good tool to raise awareness among everyone, young or old, about the importance of bees in nature and for humans. Indeed, bees play a major role in nature for flower fertilization, and thanks to them, trees are able to produce fruits. Not only that, bees are like the thermometer of nature. Whenever bees proliferate, this means that nature is in good health, but when their number declines, this means that nature is in bad

shape, whether from slash and burn or because of toxic chemicals having been poured out on plants. Moreover, bees are useful for human beings, for the nutritional quality of honey as well as for the great value of wax in the Lao tradition.

One of the qualities of the book it is easy to understand, the techniques proposed are quite simple, and it is full of very clear illustrations and scientifically accurate.

So it is quite an interesting book, easy to read with good advice easy to follow. I am convinced that it will be an asset to those who already raise bees, helping them to to it more professionally, and as well to those who are used to hunting for honey in the forest, giving them an incentive to start raising bees – as it is an activity where you can get income with virtually no investment or expenses.

I once again want to express my deep gratitude to Dynamic Actions for this initiative.

Vientiane, 2nd January, 2014



# **Three species of Apis in Laos**









Apis dorsata is an aggressive bee living in the forest.

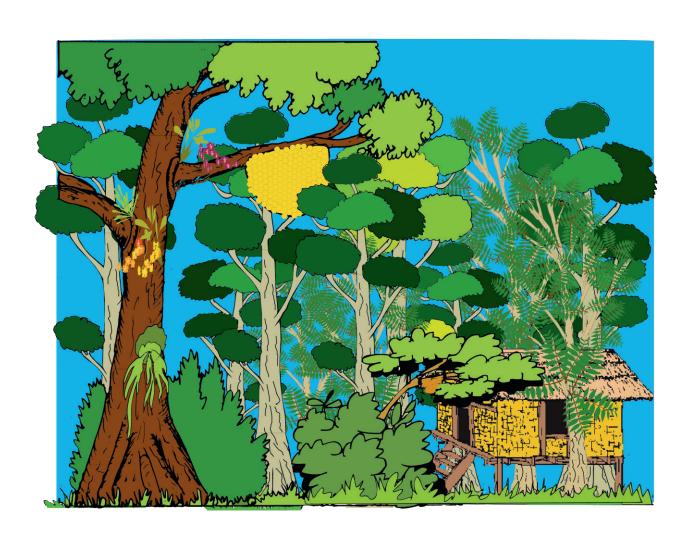
Apis cerana is an small bee living in tree trunks.

Apis florea a very small bee living in the forest.



### **Bees live in the forest**





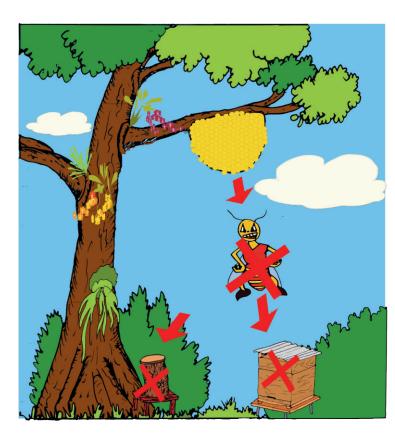
Bees also live near houses and even inside the houses





# These bees can't be put in beehives





Apis dorsata



Apis florea





# Apis cerana can be put in a beehive









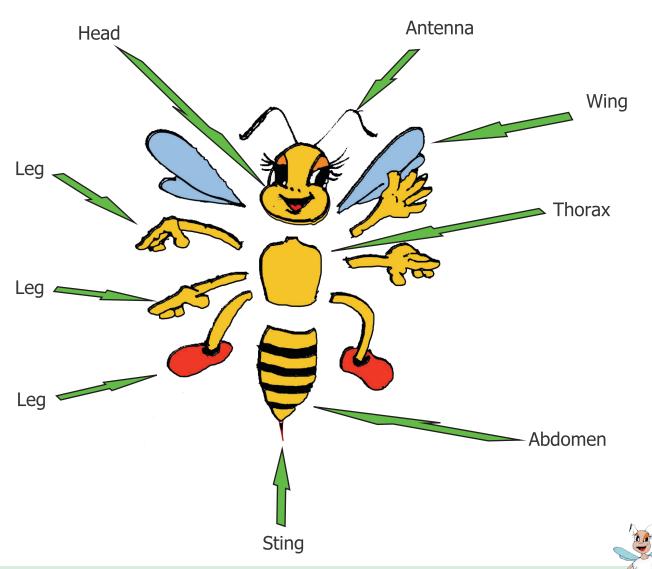
Apis cerana only can be nursed in a beehive giving good honey.





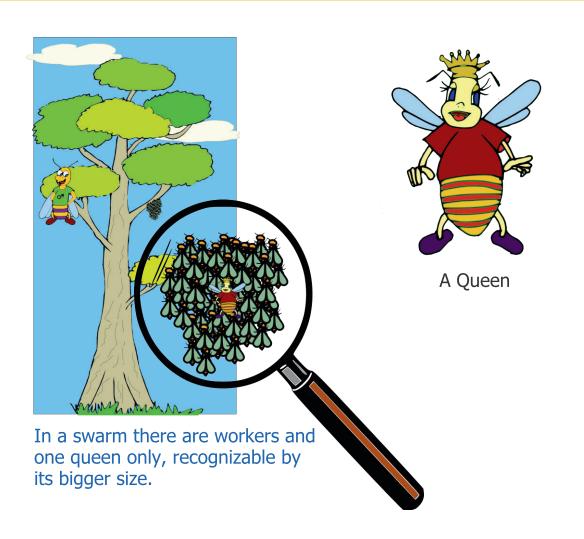
# **Bee anatomy**





# A swarm = A Queen + workers







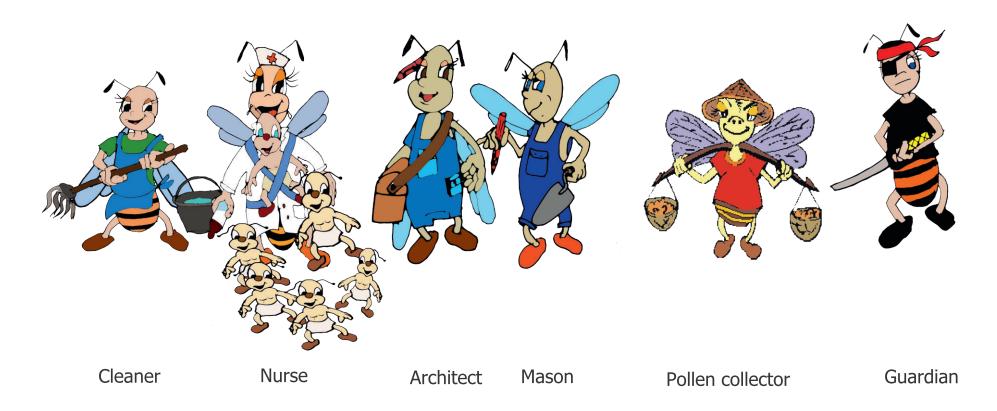
The workers



# The workers' jobs



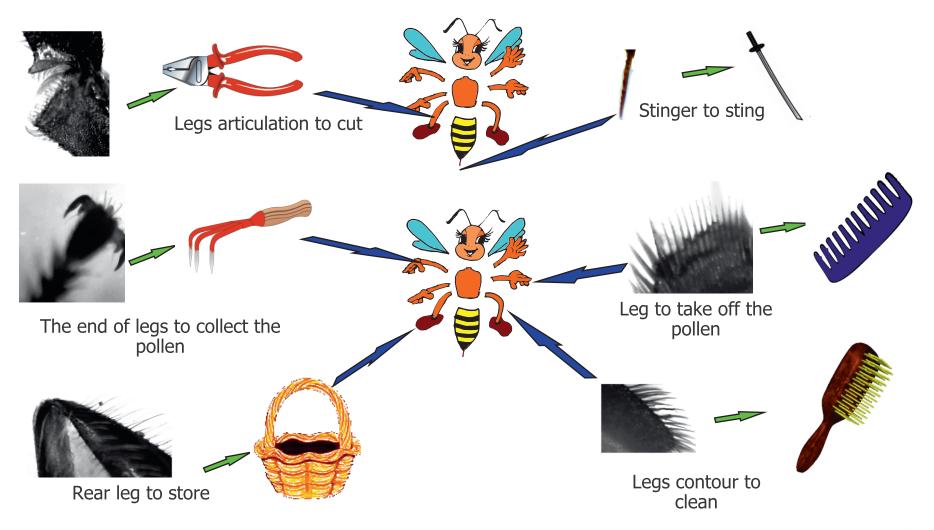
During its short life, a worker does several jobs first cleaning, then doing more dangerous jobs such as pollen collector or guardian.





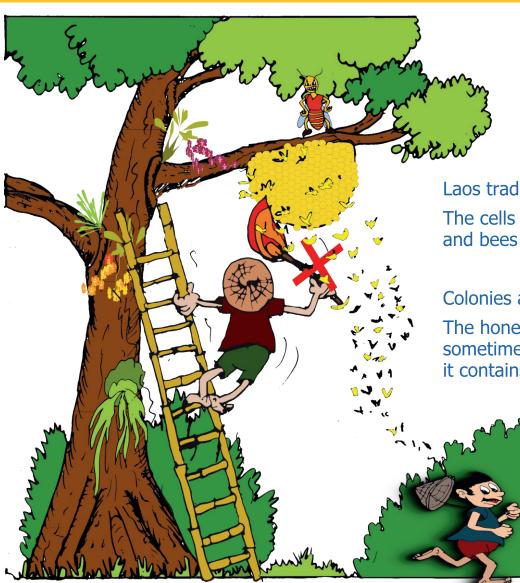
# Parts of the bee body used as tools





## Honey harvest: what must not be done





Laos tradition is burning the bees to collect honey.

The cells and their content, honey and eggs too, larvae, pupae and bees are crushed.

#### Colonies and swarms are thus ruined

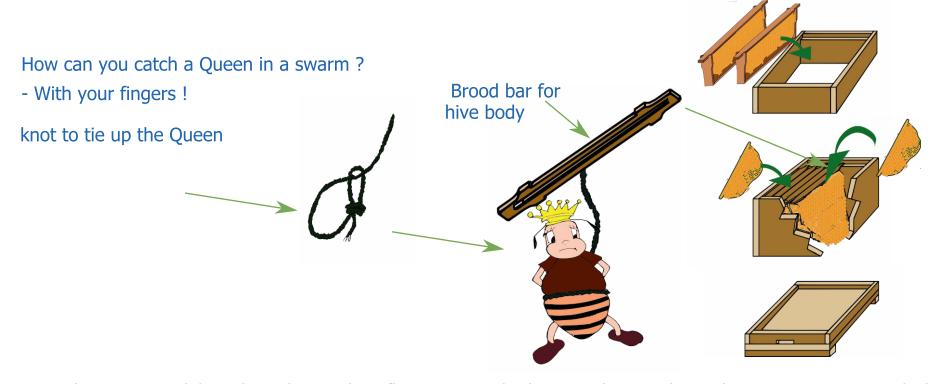
The honey collected that way has a taste of burnt and sometimes of petrol. It is sour and ferments too fast because it contains too much water: more than 21%.





# What must be done first: put the swarm in a beehive





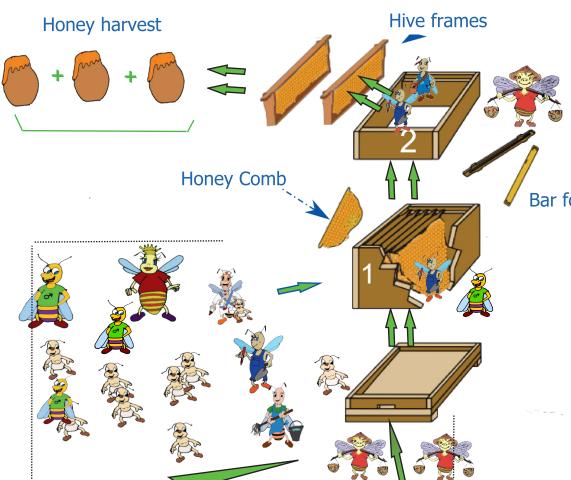
The Queen is delicately tied up with a flax yarn. To do that, you have to be under a mosquito net with the swarm. Then you put the Queen and the swarm inside an empty beehive or a beehive without a queen.

In a swarm, bees don't sting.



# Apis cerana beehive: the Queen and the swarm live on the first fle

Beehive = Brood floor + honey Production floor



#### **2nd floor:**

HONEY PRODUCTION in the **box hive**.

Frames are placed to the collect of honeyl. The cells only contain the honey which can be collected.

Bar for Hive body

#### 1st floor:

The BROOD in the **brood box** of the beehive.

The queen, the males and the workers live there. There are combs. In the center they contain eggs, larvae and pupae.

Around the larvae and the pupae, pollen and honey are stored.

A few cells contain royal jelly.

#### **Bottom of the beehive:**

it is the entrance and the away out for bees.

#### How far between a beehive and a house?



#### No distance! It can be put on a balcony.

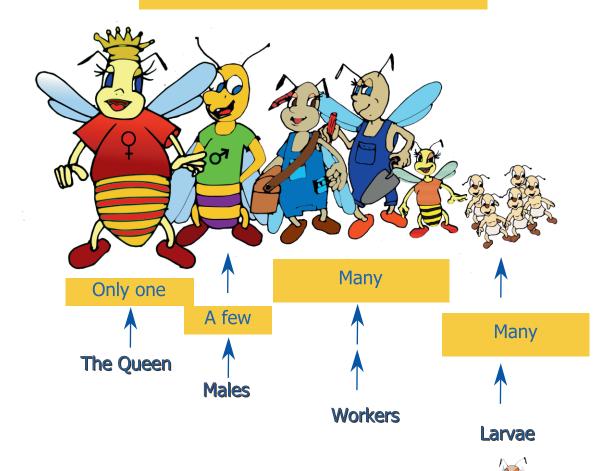


# 300m

The bees (Apis cerana) go and find food

only around 300 meters away from the

### **Population in a beehive**



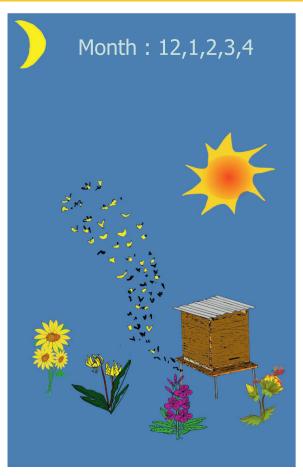
beehive.

# Honey production requires little time



One day a month for one beehive

**COLLECT OF SWARMS** from August to October



One day a month for one beehive

**HONEY PRODUCTION** I from December to April



One day a month for one beehive

from May to July



# **Honey collection**





Only collect the frames on floor 2 which all have their capped cells. The honey there contains less than 21 % water.



With a knife, take out the caps. If the honey has more than 21% water it can't be kept because it will ferment.



With a pin, prick the bottom of each cell so that the honey might flow out (be sure you are somewhere inside so that the bees won't come, being attracted by the smell of honey).

# Sale of honey produced by a beehive (Apis cerana et Apis dorsata)



The honey from Apis cerana is better, it can be stored well and it tastes better than Apis dorsata's. You can sell it a higher price.

Apis dorsata's honey can't be stored properly because it contains too much water. There are larvae and dead bees as well as eggs. It doesn't tastes very good.



# Beekeeping workshop: understanding and learning beekeeping

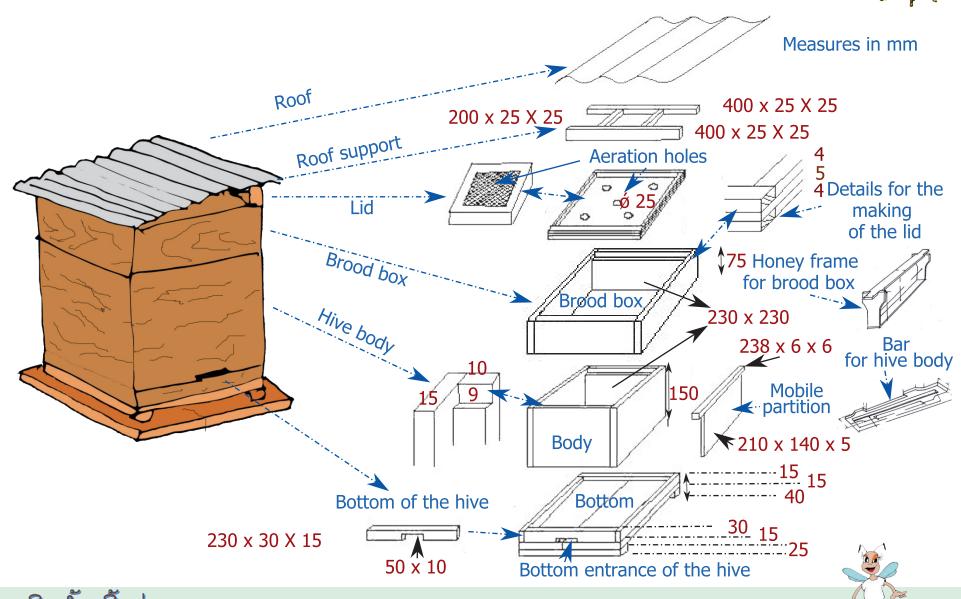




In a beekeeping workshop, people learn about the life of bees, how to organize a beehive, the way to look after a swarm.

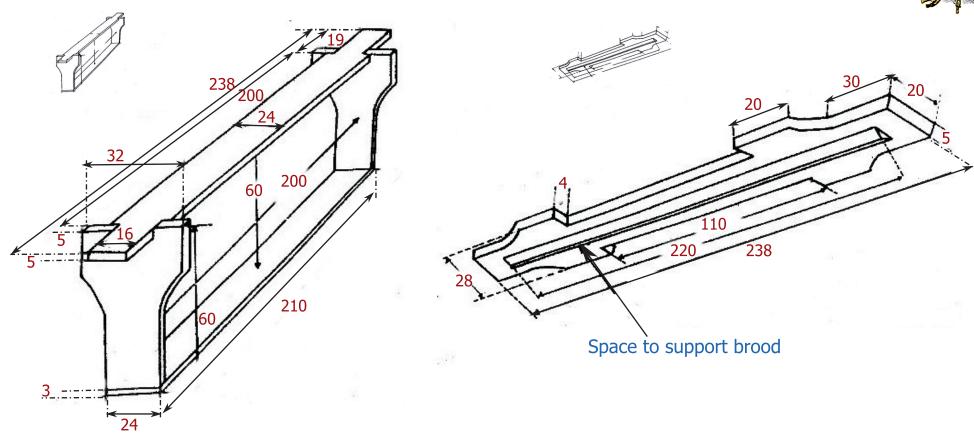
Training and coaching are meant to ease honey production.

# Making of a hive for Apis cerana



# Making a frame for Brood box - Hive bar for Hive body





Honey frame for brood box

Brood bar for hive body



# REASONED BEEKEEPING IN LAOS, with Apis cerana



The book is respectful of environment, ecosystem and biodiversity

> **REALIZATION:** Dynamic Actions French Association Sustainable co-development in Laos

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Together with its partners in Laos , DA achieves and follows up co developing activities in order to cooperate in the education and development of sustainable local economy .

For more information refer to their site: http://actions-laos.org

If you would like to help, you can send a gift to the association Dynamic Actions. It will be used for one of the projects on hand.

To do so, please contact: DynamicActions@gmail.com.











# Why this book

ການພັດທະນາແບບຍືນຍິງດ້ວຍການລັງງເຜິ້ງຢູ່ປະເທດລາວ SUSTAINABLE DEVELOPMENT THROUGH BEEKEEPING IN LAOS One of the goals of the French association « Dynamic Actions » is to promote and help beekeeping.

The book aims at fostering a real interest in reasoned beekeeping; it conveys a. thorough knowledge thanks to simple text and pictures. It is to be given out free in the villages of Laos.

Indeed, high quality honey can be produced in Laos, as in many other countries.

A swarm of Apis cerana may be put into a beehive, taken care of, then in due time honey can be collected, a pure honey without fermentation. Thus the life of the swarm is saved for a future collection of honey.

Reasoned beekeeping is totally riskless under simple rules.

It demands little work all the year round and allows the production of excellent Lao honey for families, friends and for sale .

Working on reasoned beekeeping requires the knowledge of a few pieces of information. The book offers, allowing anyone to get one or several beehives rather easily.

The association thanks those who have contributed freely to the realization of the project ,the « comité d Entreprise EDF « and other donors who helped paying for it..

The book is respectfull of environment, ecosystem and biodiversity.

Dynamic Actions : Sustainable co development in Laos





